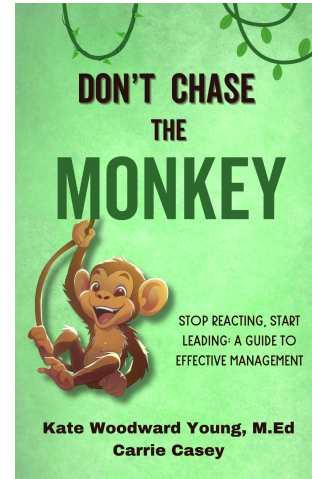


# Discussion Questions



## Session 1: Chapters 1-4

### Themes: Leadership Choices, Daily Monkeys, Delegation

- *Question 1:* How does the metaphor of "choose your own adventure" (Chapter 1) apply to your leadership decisions?
- *Question 2:* Discuss the daily "monkeys" outlined in Chapter 2. How do these relate to your own challenges as a director?
- *Question 3:* In Chapter 3, the concept of "Who's Got the Monkey?" is introduced. How do you plan to prevent others from offloading their tasks onto you?
- *Question 4:* Chapter 4 introduces "Not my circus, not my monkeys." How can setting boundaries improve your leadership?

## Session 2: Chapters 5-8

### Themes: Managing Monkeys, Rules for Task Management

- *Question 1:* Chapter 5 presents the idea of monkey troupe management. Which type of "monkey" (Idea Monkey, Payday Monkey, etc.) is most common in your work, and how do you plan to address it?
- *Question 2:* Chapter 6 emphasizes the importance of feeding or shooting monkeys. How do you decide which tasks to delegate and which to tackle yourself?
- *Question 3:* How do you keep the number of tasks (monkeys) to a manageable level, as discussed in Chapter 7?
- *Question 4:* Chapter 8 introduces feeding monkeys by appointment. How can you incorporate this principle into your staff interactions to reduce disruptions?

## Session 3: Chapters 9-12

### Themes: Containing Tasks, Strategic Time Management

- *Question 1:* Chapter 9 suggests setting a next feeding time for each task. How can scheduling regular check-ins improve team accountability?
- *Question 2:* How does the idea of “monkey containment devices” (Chapter 10) help keep your tasks organized? What tools do you currently use?
- *Question 3:* In Chapter 11, we discuss setting boundaries with clients and team members. How do you ensure you don't take on more than you can handle?
- *Question 4:* Reflect on your time management practices as discussed in Chapter 12. How can you prevent getting caught in reactive tasks?

## Session 4: Chapters 13-17

### Themes: Long-Term Planning, Sustainable Leadership

- *Question 1:* Chapter 13 talks about long-term strategies for managing tasks. What long-term changes can you make to improve your center's efficiency?
- *Question 2:* In Chapter 14, delegation is emphasized again. How will you build a culture of delegation in your center to avoid burnout?
- *Question 3:* Chapter 15 discusses maintaining work-life balance. What personal boundaries do you need to set to ensure you don't take on unnecessary "monkeys"?
- *Question 4:* Chapters 16 and 17 wrap up with reflections on leadership growth. How can you ensure sustainable success by managing your team and your time effectively?